



Cowes Men's Shed - Member Survey 2021

Thank you to everyone who completed this survey for us. Your thoughts and insights have been very useful indeed.

Please see these few notes/comments below, from our survey findings: –

- 94% of respondents feel the Shed has a positive impact on their mental health.
- 100% feel better about themselves since joining the Shed.
- 'Cowes Men's Shed has given me a structure to my life and a place I look forward to visiting, long may it continue.'
- 'I came with no skills or knowledge of using power tools. I've learnt so much on using tools, making items and helped in the garden.'
- 'Great facility. Great friendly atmosphere. Well equipped. Feel safe using equipment. Excellent!'
- 'It's been a life saver for me. I don't know what else I'd do if I didn't come here. Adam is always ready to listen and help.'